



What's For Lunch?

All of our lunches are prepared fresh daily in our commercial kitchen with federally inspected meats, a selection of vegetables, a milk or water bottle, and fresh fruit!

Sample Menu:

Each day, choose from either the Daily Special, Everyday Favorite or Sandwich Option.

	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Special	Beef with Broccoli & Steamed Rice	Roast Turkey & Mashed Potatoes	Teriyaki Chicken & Steamed Rice	Vegetarian Chow Mein	Baked Salmon & Steamed Rice
Everyday Favorite	Grilled Cheese	Spaghetti with Meat Sauce	Mac n' Cheese	Chicken Tenders and French Fries	Cheese Pizza
Sandwich Options	Turkey & Cheese, Ham & Cheese, or Tuna Sandwich				

All of our meals and beverages served at schools meet state and federal requirements based on the USDA Dietary Guidelines. All meals, foods, and beverages are planned, prepared, and served by Registered Dietitians and qualified chefs and food handlers.

About LittleFingers



Collaborating with Schools & Parents. At LittleFingers, we believe that when kids start eating healthy meals from a young age, the habit will likely continue throughout their lifetime. LittleFingers provides well-balanced, nutritious school lunches

to students in grades TK-High School throughout Los Angeles and Orange County.

Created by a Registered Dietitian. LittleFingers was created by Lucy Huang, a registered dietitian with four young children of her own. One day,

she realized that her own children were not getting the right kind of well-balanced, nutritious meals at school, and this motivated her to make a change.